

5 BEST PRACTICES FOR IMPROVING INDOOR AIR QUALITY, BECAUSE CLEAN AIR MATTERS

01

REDUCE OR ELIMINATE INDIVIDUAL SOURCES OF POLLUTION
Obvious sources, like areas that contain asbestos, can be sealed or enclosed. Appliances, like gas stoves, in commercial kitchens or break rooms, can be adjusted to decrease the amount of emissions. In many cases, source control is a more cost-efficient approach to protecting indoor air quality than increasing ventilation which can lead to increased energy costs.

02

ROUTINE FILTER MAINTENANCE AND REPLACEMENT PROGRAM
Filters are designed to trap larger particulate matter in your airflow. Depending on your building's use and environment the particulate matter in the filter can build rapidly. Different filter models require more regular maintenance, check with your filter manufacturer for their recommendation. Alternatively, subscribe to a maintenance service to regularly check and replace your HVAC filters and components.

03

INSTALL AN AIR PURIFIER
Be aware that not all air purifiers are effective. Rather than removing particulate matter and improving indoor air quality, ionizing purifiers cause particulate matter to collect on surfaces or the building's occupants. Injecting ozone into a building can be potentially harmful to occupants according to the CDC. Consider a purifier that enhances the effectiveness of your existing filter system.

04

IMPROVE THE EFFECTIVENESS OF YOUR FILTER
Over 98% of airborne particulate matter cannot be trapped and removed from the air by your filter, which is designed to capture particulate matter over three microns. There are air purification solutions that accelerate the natural coagulation of particulate matter so that it is collected by the filter or falls to the floor where it is vacuumed or cleaned as part of routine cleaning services.

05

USE LOW LEVEL VOC PRODUCTS
Everything from your cleaning supplies to your furniture, desks, carpets all contain VOCs. Choose carefully what you bring into your space.